

Our Lady Star of the Sea Canteen Menu 2024



Order online via the QR code or flexischools App

BURGERS

Cheese Burger

Beef Patty, Lettuce, Tomato & Cheese + Sauce

\$5.50

Chicken Burger

Seared Chicken Breast, Lettuce & Mayo

\$5.50

Veggie Burger

Red Lentil Patty (home-made), Lettuce, Carrot, Sour cream & Sweet chilli sauce

\$5.50

Mexican Burger

Seared Chicken Patty, Lettuce, Cheese, Salsa & Avo Dip

\$5.50

OLSS Burger

Beef Patty, Lettuce, Tomato, Cucumber, Carrot, Beetroot, Cheese, Pineapple + Sauce

\$6.00

SANDWICHES, ROLLS AND WRAPS

Prepared fresh daily

| | |
|-----------------------------------|---------------|
| Boiled eggs | \$1.00 |
| Tuna | \$5.00 |
| Salmon | \$5.00 |
| Breast Chicken | \$5.00 |
| Breast Chicken & Salad | \$5.50 |
| Ham | \$4.00 |
| Ham & Salad | \$5.50 |
| Salad | \$5.00 |
| Egg & Lettuce | \$5.00 |
| Cheese | \$3.50 |
| Vegemite | \$2.50 |
| Ham & Cheese | \$4.50 |
| Ham, Cheese & Tomato | \$4.50 |
| Baked Beans & Cheese | \$4.50 |
| Spaghetti & Cheese | \$4.50 |
| Buttered bread or roll | \$2.00 |

*Bread, Rolls & Wrap options - White, Grain, Wholemeal

*Gluten Free Bread Available +\$1.00

ALL CAN BE TOASTED.

WRAPS

Chicken Tender Twister

Oven cooked Chicken Tenders x 2, Mayo, Lettuce, Tomato & Cheese

\$5.50

Sweet Chilli Chicken Twister

Oven cooked Sweet Chilli Chicken Tenders x 2, Mayo, Sweet chilli sauce, Lettuce, Tomato & Cheese

\$5.50

Mexican Twister

Oven cooked Chicken Tenders x 2, Lettuce, Tomato, Cheese, Salsa & Avo dip

\$5.50

HOT FOOD

| | |
|--|---------------|
| Chicken Nuggets | 90c |
| Chicken Nuggets GF | \$1.00 |
| Garlic Bread | \$1.20 |
| Wholegrain Garlic Bread | \$1.20 |
| Hot Cheese Roll | \$2.70 |
| Cheese Ham Scroll | \$3.00 |
| Cheese Vegemite Scroll | \$3.00 |
| Party Pie Beef 130g | \$3.80 |
| Pie Beef 175g | \$4.50 |
| Sausage Roll | \$4.00 |
| Spag Bolognaise | \$5.00 |
| Fried Rice GF | \$5.00 |
| Macaroni Cheese | \$5.00 |
| Lasagne | \$5.00 |
| Sauce Sachets | 40c |
| (Tomato, BBQ or Sweet & Sour) | |

NACHOS

Vegetarian GF

Corn Chips, Cheese, Mexi Beans, Avo Dip, Salsa & Sour Cream

\$ 5.00

Beef GF

Corn Chips, Beef, Cheese, Avo Dip, Salsa & Sour Cream

\$ 5.50

Chicken GF

Corn Chips, Chicken Breast, Cheese, Avo Dip, Salsa & Sour Cream

\$ 5.50

TOASTED FOCACCIAS

| | |
|---------------------------------|---------------|
| Cheese | \$4.50 |
| Ham | \$4.50 |
| Ham & Cheese | \$5.50 |
| Ham, Cheese & Tomato | \$5.50 |

DRINKS

Flavoured Milk

| | |
|-------------------|---------------|
| Chocolate | |
| Strawberry | \$2.50 |

Poppa

| | |
|-----------------------|---------------|
| Apple | |
| Orange | |
| Paradise Punch | \$1.50 |

| | |
|--------------|---------------|
| Water | \$1.50 |
|--------------|---------------|

HOT FOOD

| | |
|---|---------------|
| Pikelet | 60c |
| JJ Snacks | \$1.80 |
| Grainwaves (Sour Cream & Chives) | \$1.80 |
| Popcorn | \$1.80 |
| Pretzels | \$1.80 |
| Snaps Light & Tangy | \$1.80 |
| Red Roc Deli Sea Salt Chips | \$1.80 |
| Boiled Egg | \$1.00 |
| Orange cut in 1/4 | \$1.50 |
| Apple | \$1.50 |
| Watermelon | \$1.50 |
| Veggie Sticks | \$1.50 |
| Hummus with Veggie Sticks | \$3.50 |

SALADS

Salad Box

Lettuce, Tomato, Capsicum, Cucumber, Carrot, Cheese, Beetroot, Celery & Egg

\$ 6.00

| | |
|----------------|---------------|
| | add |
| Chicken | \$1.00 |
| Ham | \$1.00 |
| Fish | \$1.00 |
| Tuna | \$1.00 |

Roasted Pumpkin Zucchini Slice

\$ 5.00

Roasted Pumpkin Zucchini Slice + Salad

\$ 6.00

SUSHI

| | |
|-------------------------|---------------|
| Tuna | \$4.00 |
| Teriyaki Chicken | \$4.00 |
| Teriyaki Beef | \$4.00 |

OVER THE COUNTER

LUNCH AND FRUIT BREAK

| | |
|---------------------------------|---------------|
| Vanilla Ice Cream Tub GF | \$1.50 |
| Calippo | \$1.50 |
| Ice Money TNT's | \$1.50 |
| Juices | \$1.50 |

Lemonade
Wildberry
Tropical
Orange

| | |
|--------------------------|---------------|
| Frozen Yoghurt GF | \$2.00 |
|--------------------------|---------------|

Chocolate & Vanilla
Strawberry & Vanilla
Watermelon & Mango

| | |
|---------------------|---------------|
| Paddle Pop's | \$2.20 |
|---------------------|---------------|

Chocolate
Rainbow
Icy Twist lemonade

| | |
|------------------------------|---------------|
| Jelly Cups | \$1.50 |
| Custard and Milo cups | \$1.50 |
| Choc Chip Muffins | 60c |
| Quelch Sticks (1/2) | 60c |

** We try to have all options available but depending on supply and demand not all items/flavours will be available daily.

GF: Gluten Free.