

Our Lady Star of the Sea Canteen Menu 2023



BURGERS

Cheese Burger

Beef Patty, Lettuce, Tomato & Cheese + Sauce
\$5.50

Chicken Burger

Seared Chicken Breast, Lettuce & Mayo
\$5.50

Veggie Burger

Red Lentil Patty (home-made), Lettuce, Carrot, Sour cream & Sweet chilli sauce
\$5.50

Mexican Burger

Seared Chicken Patty, Lettuce, Cheese, Salsa & Avo Dip
\$5.50

OLSS Burger

Beef Patty, Lettuce, Tomato, Cucumber, Carrot, Beetroot, Cheese, Pineapple + Sauce
\$6.00

WRAPS

Chicken Tender Twister

Oven cooked Chicken Tenders x 2, Mayo, Lettuce, Tomato & Cheese
\$5.50

Sweet Chilli Chicken Twister

Oven cooked Sweet Chilli Chicken Tenders x 2, Mayo, Sweet chilli sauce, Lettuce, Tomato & Cheese
\$5.50

Mexican Twister

Oven cooked Chicken Tenders x 2, Lettuce, Tomato, Cheese, Salsa & Avo dip
\$5.50

PIZZA

Coming soon!

Order online via the QR code or flexischools App

SANDWICHES, ROLLS AND WRAPS

Prepared fresh daily

Boiled eggs	\$1.00
Tuna	\$5.00
Salmon	\$5.00
Breast Chicken	\$5.00
Breast Chicken & Salad	\$5.50
Ham	\$4.00
Ham & Salad	\$5.50
Salad	\$5.00
Egg & Lettuce	\$5.00
Cheese	\$3.50
Vegemite	\$2.50
Ham & Cheese	\$4.50
Ham, Cheese & Tomato	\$4.50
Baked Beans & Cheese	\$4.50
Spaghetti & Cheese	\$4.50
Buttered bread or roll	\$2.00

*Bread, Rolls & Wrap options - White, Grain, Wholemeal

*Gluten Free Bread Available +\$1.00
ALL CAN BE TOASTED.

HOT FOOD

Chicken Nuggets	90c
Chicken Nuggets GF	\$1.00
Garlic Bread	\$1.20
Wholegrain Garlic Bread	\$1.20
Hot Cheese Roll	\$2.70
Cheese Ham Scroll	\$3.00
Cheese Vegemite Scroll	\$3.00
Party Pie Beef 130g	\$3.80
Pie Beef 175g	\$4.50
Sausage Roll	\$4.00
Spag Bolognaise	\$5.00
Fried Rice GF	\$5.00
Macaroni Cheese	\$5.00
Lasagne	\$5.00
Sauce Sachets	40c
(Tomato, BBQ, Sweet N Sour)	

NACHOS

Vegetarian GF

Corn Chips, Cheese, Mexi Beans, Avo Dip, Salsa & Sour Cream

\$5.00

Beef GF

Corn Chips, Beef, Cheese, Avo Dip, Salsa & Sour Cream

\$5.50

Chicken GF

Corn Chips, Chicken Breast, Cheese, Avo Dip, Salsa & Sour Cream

\$5.50

TOASTED FOCACCIAS

Cheese \$4.50

Ham \$4.50

Ham & Cheese \$5.50

Ham, Cheese & Tomato \$5.50

DRINKS

Flavoured Milk

Chocolate

Strawberry \$2.50

Poppa

Apple

Orange

Paradise Punch \$1.50

Water \$1.50

HOT FOOD

Pikelet 60c

JJ Snacks \$1.80

Grainwaves (Sour Cream & Chives) \$1.80

Popcorn \$1.80

Pretzels \$1.80

Snaps Light & Tangy \$1.80

Red Roc Deli Sea Salt Chips \$1.80

Boiled Egg \$1.00

Orange cut in 1/4 \$1.50

Apple \$1.50

Watermelon \$1.50

Vegie Sticks \$1.50

Hummus with Vegie Sticks \$3.50

SALADS

Salad Box

Lettuce, Tomato, Capsicum, Cucumber, Carrot, Cheese, Beetroot, Celery & Egg

\$6.00

add

Chicken \$1.00

Ham \$1.00

Fish \$1.00

Tuna \$1.00

Roasted Pumpkin Zucchini Slice

\$5.00

Roasted Pumpkin Zucchini Slice

+ Salad

\$6.00

SUSHI

Tuna \$4.00

Teriyaki Chicken \$4.00

Teriyaki Beef \$4.00

OVER THE COUNTER

LUNCH AND FRUIT BREAK

Vanilla Ice Cream Tub GF \$1.50

Calippo \$1.50

Ice Money TNT's \$1.50

Juices \$1.50

Lemonade

Wildberry

Tropical

Orange

Frozen Yoghurt GF \$2.00

Chocolate & Vanilla

Strawberry & Vanilla

Watermelon & Mango

Paddle Pop's \$2.20

Chocolate

Rainbow

Icy Twist lemonade

Jelly Cups \$1.50

Custard and Milo cups \$1.50

Choc Chip Muffins 60c

Quelch Sticks (1/2) 60c

** We try to have all options available but depending on supply and demand not all items/flavours will be available daily.

GF: Gluten Free.