



**Pathways & Partnerships Leader contact:**

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## INTEGRATED SERVICES ON THE CENTRAL COAST

### **Safe Homes/Staying Home Leaving Violence**

*Self referrals and referrals from other organisations accepted*

[catholiccareddb.org.au/family-youth-children/domestic-family-violence/safe-homes/](https://catholiccareddb.org.au/family-youth-children/domestic-family-violence/safe-homes/)

[catholiccareddb.org.au/family-youth-children/domestic-family-violence/staying-home-leaving-violence/](https://catholiccareddb.org.au/family-youth-children/domestic-family-violence/staying-home-leaving-violence/)

Specialist domestic and family violence programs aimed at increasing safety.

### **Caring Dads**

*Self referrals and referrals from other organisations accepted*

[catholiccareddb.org.au/wp-content/uploads/Caring-Dads-CCFC.pdf](https://catholiccareddb.org.au/wp-content/uploads/Caring-Dads-CCFC.pdf)

A 17 week men's behaviour change program for men who are committed to changing behaviours in order to be better, more child-centred fathers.

### **Counselling – family and relationship services**

*Self referrals and referrals from other organisations accepted*

[catholiccareddb.org.au/family-youth-children/counselling/](https://catholiccareddb.org.au/family-youth-children/counselling/)

We only have two part-time counsellors so we have limited availability in this program for CSO families. We recommend you contact Sylvia in our Therapy Services team if you need urgent appointments as they have shorter waitlists.

### **Family Dispute Resolution & Mediation**

*Self referrals and referrals from other organisations accepted*

[catholiccareddb.org.au/family-youth-children/family-dispute-resolution/](https://catholiccareddb.org.au/family-youth-children/family-dispute-resolution/)

Assists separating and divorcing couples and their children to resolve disputes without needing to take action in the Family Court.

### **Emergency Relief**

*Self referrals and referrals from other organisations accepted*

[catholiccareddb.org.au/family-youth-children/emergency-relief/](https://catholiccareddb.org.au/family-youth-children/emergency-relief/)

We provide one off financial assistance, referrals for further supports and work and development orders.

# INTEGRATED SERVICES SUMMARY CENTRAL COAST

## **Multi-Systemic Therapy Care and Neglect (MST-CAN)**

*DCJ referrals only*

[catholiccaredbb.org.au/family-youth-children/domestic-family-violence/mst-can/](http://catholiccaredbb.org.au/family-youth-children/domestic-family-violence/mst-can/)

Works with youth aged 6 – 17 years and their families. Referrals come through Department of Communities and Justice where children have been identified as at risk of abuse or neglect. MST-CAN's mission is to keep families together, ensure child safety and prevent abuse and neglect and reduce mental health issues.

## **Intensive Family Preservation (IFP)**

*DCJ referrals only*

[catholiccaredbb.org.au/family-youth-children/child-family-support/casework/](http://catholiccaredbb.org.au/family-youth-children/child-family-support/casework/)

This program is for families with children aged 0 – 18 years who have been identified as being at high risk of harm by the Department of Communities & Justice. Families referred to this program receive intensive support from a specialist caseworker for 6 – 9 months so that the Department of Communities & Justice can be assured children are safe and can remain at home.

## **Mary Mac's Place Woy Woy**

*Self referrals and referrals from other organisations accepted*

[catholiccaredbb.org.au/family-youth-children/mary-macs-place/](http://catholiccaredbb.org.au/family-youth-children/mary-macs-place/)

Provides meals, showering, washing and support links for anyone who is homeless or needing a helping hand.

## **Supported Temporary Accommodation Housing NSW referrals only & KEYS (young parents homelessness service)** *Self referrals and referrals from other organisations accepted*

[catholiccaredbb.org.au/family-youth-children/housing-homelessness/](http://catholiccaredbb.org.au/family-youth-children/housing-homelessness/)

Short-term transitional accommodation for children and families experiencing homelessness. Our caseworkers work with families to address their housing needs, assist with applications to the Department of Housing and the private housing market with the aim of finding long-term affordable housing solutions, and reducing risks of re-homelessness.

## **Hospital Chaplaincy**

[catholiccaredbb.org.au/family-youth-children/hospital-chaplaincy-pastoral-care/](http://catholiccaredbb.org.au/family-youth-children/hospital-chaplaincy-pastoral-care/)

CatholicCare provides designated priests and lay pastoral care practitioners to seven hospitals within the Diocese.

## **Therapy (Allied Health) Services**

[catholiccaredbb.org.au/family-youth-children/therapy-services/](http://catholiccaredbb.org.au/family-youth-children/therapy-services/)

Our therapy services team offer counselling, psychology, capacity and family assessments, behaviour management strategies, specialist behaviour intervention support, speech therapy & assessments, play therapy and more. We do accept third party referrals from other services including mental health care plans. However, you do not need a referral to connect with our Therapy Services team. We are an accredited provider of NDIS supports. For more information about our Therapy Services and bookings please contact:

**Sylvia Turnball**

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